

# Good health is in your hands

## It's easier than ever to connect to your health

Now you can use My Health Manager while you're on the go:

- ▶ Email your doctor's office
- ▶ Refill most prescriptions
- ▶ View past visits and most test results
- ▶ Schedule or cancel routine appointments

## Tap into your health

- ▶ Bookmark [kp.org](http://kp.org) on your Web-enabled phone or mobile device
- ▶ Or download the Android™ app from Android Market

## Get mobilized for wellness

To enjoy the secure features of My Health Manager, you must first be a registered member on our website. Visit [kp.org/registernow](http://kp.org/registernow) to set up your account from your home computer.

## Bookmark [kp.org](http://kp.org) today!

Certain features of My Health Manager apply only to care you receive at Kaiser Permanente facilities.

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