



# Video Visits

Same-day appointments  
on your phone, tablet or desktop

# Same-day appointments for common illnesses like rashes, allergies or infections—all from the comfort of your home

- Every day from 8 a.m. to 8 p.m.
- Covered at your primary care physician visit cost share\*
- Available to Sutter Health Plus members in California with a My Health Online (MHO) account\*\*

## Video visit in 3 easy steps



### 1 Log In

Log in to **MHO** at [mho.sutterhealth.org](https://mho.sutterhealth.org). Video visits are open to members age 18 months and older.



### 2 Schedule

Select “Make an Appointment”, then “Video Visit” and pick a time. Schedule a child video visit through Proxy Access.



### 3 Begin Video Visit

At the time of your appointment, log in to MHO. Select your video appointment. Click “Begin Video Visit.”

\*Refer to the Sutter Health Plus combined *Evidence of Coverage and Disclosure Form* and *Benefits and Coverage Matrix* to determine coverage and costs.

\*\*Not offered by all providers. Check with your provider’s office to see if they offer MHO access.